



Counselling Level 1 Award

Code: **GU4465**

Start date: **26th May 2018**

Day: **Saturday**

Duration: **7 weeks**

Time: **9.30am - 12.30pm**

Cost: **£108/Free**

Venue: **Redbridge Institute
Gaysham Avenue
Gants Hill, Ilford
IG2 6TD**

This course will introduce you to basic counselling Skills which can be useful in a variety of professional contexts. You will gain an insight into the nature of counselling work and other helping roles such as mentoring and life coaching.

Suitable for anyone with an interest in counselling or support work, this course complements study in a range of areas such as education, mentoring, life coaching or health and social care. It is also useful for those working with the general public.

Address

Redbridge Institute
Gaysham Avenue
Gants Hill
IG2 6TD

Telephone

020 8550 2398

Email

enquiries@redbridge-iae.ac.uk

Website

www.redbridge-iae.ac.uk